



# JANUARY “EAT CLEAN” SPECIALS

## Salads

### MANDARIN ORANGE AND SPINACH SALAD

with Candied Pecans, Pomegranates, And Diced Avocado with Honey Poppy Seed Dressing

### ROASTED BEET

Topped with Frisée and Fennel Salad, Cara Cara Oranges, Pistachios, and Pomegranate  
Lemon Oil Vinaigrette

## Entrée Salads

### ZESTY LEMON GRILLED CHICKEN BREAST

Over Steamed Tri Color Quinoa, Roasted Cauliflower and Marinated Carrot Ribbons  
served with Green Dressing Made with Miso, Tahini, Apple Cider Vinegar and Basil

## LEMON HERB CHICKEN MEATBALLS

Over Zucchini Noodles, Cherry Tomato Salsa,  
Kalamata Olives and Grilled Asparagus with Pesto Oil

## ROASTED SHRIMP

Served with Mediterranean Rice Noodle Salad of Green Beans, Cherry Tomato, Ripped Basil, Sliced Olives, Lemon Zest, Olive Oil and Lemon Juice

## Entrée

### SALMON BURGERS WITH AVOCADO SALSA

Served with Boston Lettuce, Sliced Herb Tomato and Roasted Poblano Aioli

### FIRECRACKER MANGO CHICKEN

Served with Scallions

### SPICY FLAT IRON STEAK KEBABS

## Vegetarian Entrée

### ROASTED HONEY SRIRACHA CAULIFLOWER FLORETS

### SAFFRON AND PEA RISOTTO BALLS

With Marinara Dipping Sauce

## Sides

### BROWN RICE AND LENTIL PILAF

### ROASTED FINGERLING POTATO

With Pearl Onions Roasted Butternut Squash, Kale & Dried Cranberries

### ASPARGUS, BROCCOLINI AND SNAP PEA MEDLEY

## Soups

### CREAM OF PORCINI WILD MUSHROOM SOUP

with Roasted Parsnips

### ROASTED TOMATO AND VEGETABLE SOUP

with Cheese Tortellini